

Summer School 2019

Jozef Pilsudski Academy of Physical Education in Warsaw

Branch in Biala Podlaska

Latvian Academy of Sport Education in Riga, Latvia

University of Malaga, Spain

Latvian Association of Outdoor Education and Recreation

St. Cyril and St. Methodius University of Veliko Tarnovo, Bulgaria

Department of Physical Education, Klaipėda University, Lithuania

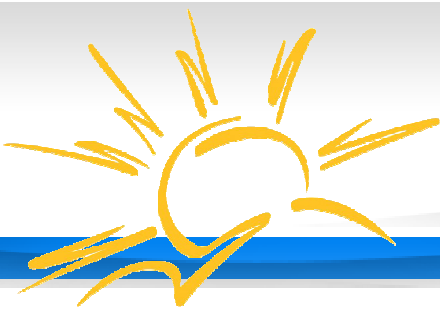
Outdoor Sports and Recreation Education

Summer School 2019

Traditional games, tendencies

and new ideas in outdoor activities

September, 12-18, 2019 Biala Podlaska, Poland



Summer School 2019

SUMMER SCHOOL PROGRAMME

Thursday 12.09.2019

6-8 pm	Arrival to Agat hostel and registration
8 pm	Welcome all participants Meeting of teachers and students – “Summer School Program”
9 pm	Swimming

Friday 13.09.2019

INTERNATIONAL CONFERENCE

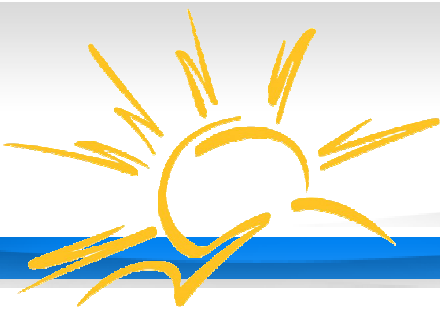
7.00 am	Swimming
8.00 am	Morning activities [Polish students] [sport area]
8.30-9.30 am	Breakfast
10.00 am	Opening ceremony of Summer School [aula ROBiR]
10.15-10.45 am	Presentation of each country and university [students]
10.45 am-2.00 pm	International Conference of Summer Schools [aula ROBiR]
2.30-3.30 pm	Lunch
4.00-6.00 pm	Preparing for the festival in countries' groups
6.30-8.00 pm	Dinner
8.30-10.00 pm	Summary/comments of the day [Polish evening – students and teachers]

Saturday 14.09.2019

TRADITION

(moderators: A. Bodasińska, K. Piech)

7.00 am	Swimming
8.00 am	Morning activities [Latvian students] [sport area]
8.30-9.30 am	Breakfast



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10.00 am -1.30 pm	European „Festival of Traditional Sports Games and Play – multi-generational physical activity”
2.30-3.30 pm	Lunch
4.30-6.30 pm	Recreational activities in groups – The Urban’s game in Radziwiłł’s Park
7.00-8.00 pm	Dinner
8.30-10.00 pm	Summary/comments of the day [Latvian evening – students and teachers]

Sunday 15.09.2019

SCIENCE

(moderators: K. Górnjak, M. Lichota)

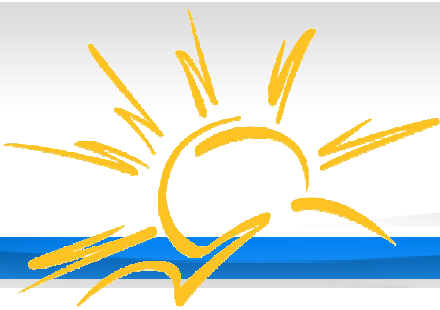
7.00 am	Swimming
8.00 am	Morning activities [Spanish students] [sport area]
8.30-9.30 am	Breakfast
10.00 am- 2.00 pm	Lectures and practical classes [ROBiR, laboratory]
2.00-3.30pm	Lunch
4.30-6.30 pm	Recreational activities in groups [cycling, Nordic Walking, beach volleyball, beach handball, street basket]
7.00-8.00 pm	Dinner
8.30-10.00 pm	Summary/comments of the day [Spanish evening – students and teachers]

Monday 16.09.2019

WATER

(moderators: G. Godlewski, P. Różański, A. Litwiniuk)

8.00 am.	Morning activities [Lithuanian students] [sport area]
8.30-9.30 am	Breakfast
10.00 am	Tour to Międzyrzec Podlaski
10.30-10.45 am	Meeting with Local Government
10.45 am-1.00 pm	Swimrun/Triathlon
1.30-3.00 pm	Lunch
3.00-5.30 pm	Canoes/survival



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6.00-9.00 pm	Summary/comments of the day, bonfire – [Lithuanian evening – students and teachers]
10.00 pm	Departure

Tuesday 17.09.2019

EDUCATION

(moderators: D. Róžańska, K. Piech, A. Bodasińska)

8.00 am	Morning activities [Bulgarian students] [sport area]
8.30-9.30 am	Breakfast
10.30-2.00 pm	International practical classes in secondary schools “Traditional dances” [teachers and students]
2.30-3.30 pm	Lunch
4.00-6.00 pm	Recreational activities in groups [cycling, Nordic Walking, beach volleyball, beach handball, street basket]
6.30-8.00 pm	Scientific meeting for teachers/Competitions of e-games or board games for students
8.30-9.00 pm	Evaluation of the Summer School, presentation of next Summer School, delivery of certificates
9.00-11.00 pm	Dinner party

Wednesday 18.09.2019

7.00 am	Swimming
8.00-9.00 am	Breakfast
9.00 am	Departure of participants