









## **OUTDOOR SPORTS AND RECREATION EDUCATION SUMMER SCHOOL 2019**

## Traditional games, tendencies and new ideas in outdoor activities

Consortium of the Universities:

Jozef Pilsudski University of Physical Education in Warsaw, Faculty of PE in Biala Podlaska, Poland Latvian Academy of Sport Education, Latvia

University of Malaga, Spain

Department of Physical Education, Klaipėda University, Lithuania

St. Cyril and St. Methodius University of Veliko Tarnovo, Bulgaria

in collaboration with

Latvian Association of Outdoor Education and Recreation

Latvian Association of Outdoor Education and Recreation		
1.	TERM:	12.09.2019. THURSDAY (AFTERNOON ARRIVAL) 18.09.2019. WEDNESDAY (MORNING DEPARTURE)
2.	DURATION:	6 DAYS
3.	TRAVELLING:	1 DAY ARRIVAL, 1DAY DEPARTURE
4.	LOCATION:	Poland, Academy of Physical Education in Warsaw Faculty in Biala Podlaska
5.	AIM AND SCHEDULE:	to introduce students with research in field of recreation;
		<ul> <li>to improve skills of planning and organizing outdoor activities;</li> </ul>
		<ul> <li>to improve cooperation and communication skills by different nation student mutual</li> </ul>
		communication;
		to organize and take a part in outdoor activities.
		International Conference of Summer Schools.
		Recreation activities in Poland, Łatvia, Lithuania, Bulgaria, Espania.
		Health related with outdoor recreation sports.
		Outdoor recreation sports, learning of different subjects in outdoors.
		European "Festival of Traditional Sports Games and Play – multi-generational
		physical activity".
		swimming, cycling, Nordic Walking, beach volleyball, beach handball, street basket.
		swimrun, triatlon.
		canoes, survival.
		International practical classes in secondary schools "Traditional dances".
		Competitions of e-games or board games.
6.	OFFICIAL LANGUAGE:	ENGLISH
7.	CREDITS AND EVALUATION:	2 CREDITS
		GROUP PRESENTATIONS
8.	CONDITIONS OF SCHOOL	Full-time student of Sport Science, Kinesiology, Physical Education, Recreation
	ATTENDANCE:	
9.	APPLICATION:	Registration online in OSRESS website: osress.weebly.com
		Early registration is open from 1 June, 2019
	ADMISSION AND FEE:	210 € (TAX INCLUDED)
11.	ACCOMMODATIONS:	Dormitory "Agat", 2 Akademicka Street, Biala Podlaska Full board
	INSURANCE:	Not included in price, possible on request
13.	PAYMENT ON:	Address: 2 Akademicka Street, 21-500 Biała Podlaska,
		Beneficiary bank: Bank Pekao SA
		Account No: code IBAN PL63 1240 2177 1111 0000 3570 3633; code BIC Banku Pekao SA: PKOPPLPW
		Fee code: Summer School 2019/ participant name
		REGISTRATION and PAYMENTS UNTIL 15.08.2019.
14.	PARTICIPANTS:	Totally 25 students (till 3 students from each University) and 1-2 teacher from each
		University